



EAPC
European Association
of Preventive Cardiology
European Society of Cardiology

8th EAPC Sports Cardiology Course

Barcelona, 25 August 2022

www.eapcsportscardiologybcn.com



CLÍNIC
BARCELONA
Hospital Universitari



Summary

The 8th edition of the EAPC Sports Cardiology Course is going to be performed the 25th August and it is going to be accessible both onsite in Barcelona and online. It will provided and up-to-date of how to manage elite and amateur athletes with cardiovascular diseases. The programme will cover the full spectrum of sports cardiologist and will be very interactive including case discussions presented by the top experts from around the world.



Learning objectives


After the course the participants will be able to:

- Differentiate between the physiological and the pathological remodelling induced by exercise training.
- Understand the impact on gender, age, and ethnicity on the exercise-induced cardiac remodelling.
- Evaluate and manage elite and amateur athletes with different cardiovascular diseases (both acquired and genetic) and provide them with tailored exercise advice.
- Know how to manage elite and amateur athletes after Covid-19 infections
- Recognize the potential consequences of exercising in extreme environments in athletes with cardiovascular diseases.



Target audience

General cardiologists / Sports cardiologists / Cardiologists in training •
Sports medicine physicians • Imaging specialists • Other clinicians •
Physiotherapists • Nurses



Fees

Early fee
(before 31st July 2022)

Late fee

Live event

Non EAPC members	250€	270€
EAPC Ivory	230€	250€
EAPC Silver	220€	240€
EAPC Gold	200€	210€
Student	100€	120€

Online course

Non EAPC members	150€	170€
EAPC Ivory	130€	140€
EAPC Silver	120€	130€
EAPC Gold	100€	110€
Student	70€	80€

Course Directors

Dr. Marta Sitges

Director of the Cardiovascular Institute, Hospital Clínic de Barcelona. •
Associatvrsitat de Barcelona. • Board Director, Heart Valve Society

Dr. Maria Sanz de la Garza

Consultant cardiologist, Cardiovascular Institute, Hospital Clínic de Barcelona.
Nuclei member of the EAPC Sports Cardiology and Exercise section

08.15 – 08.30

Welcome

08.30 – 09.00

Keynote lecture 1

Exercising in extreme environments in athletes with cardiovascular diseases.

Speaker Paolo Emilio Adami

Chair María Sanz de la Garza

09.00 – 10.15

Session 1

Evaluation and management of elite and amateur athletes with inherited cardiomyopathies.

Challenging cases.

Chairs

Michael Papadakis & Marta Sitges

09.00 – 09.25

Case 1 Hypertrophic cardiomyopathy.

Michael Papadakis

09.25 – 09.50

Case 2 Arrhythmogenic cardiomyopathy.

Andre La Gerche

09.50 – 10.15

Case 3 Aortopathy.

Elena Cavarretta

10.15 – 10.45

Networking break

10.45 – 11.15

Keynote lecture 2

How to manage arrhythmias in adolescents and child athletes.

Speaker Georgia Sarquella

Chair Josep Brugada

11.15 – 12.30

Session 2

Evaluation and management of elite and amateur athletes with arrhythmias. Challenging cases.

Lluís Mont & Elena Arbelo

Chairs

11.15 – 11.40

Case 1 Long QT syndrome.

Silvia Castelletti

11.40 – 12.05

Case 2 Atrial fibrillation.

Eduard Guasch

12.05 – 12.30

Case 3 Ventricular arrhythmias.

Sabiha Gati

12.30 – 13.00

Keynote lecture 3

Detecting cardiac inflammation in athletes.

Speaker Lieven Herborts

Chair Bart Bijns

13.00 – 14.00

Lunch break

14.00 – 15.15

Session 3

Evaluation and management of elite and amateur athletes with acquired cardiovascular diseases. Challenging cases.

Antonio Pelliccia & Michael Papadakis

Chairs

14.00 – 14.25

Case 1 Myocarditis after Covid-19 infection.

Ángela López

14.25 – 14.50

Case 2 Overtraining Syndrome.

David Domínguez

14.50 – 15.15

Case 3 Ischemic cardiomyopathy.

Mats Börjesson

15.15 – 15.45

Keynote lecture 4

Cardiovascular complications of Covid-19 infection. Implications for exercise recommendations in athletes and exercisers.

Speaker Flavio d'Ascenzi

Chair Josef Nibauer

15.45 – 16.15

Networking break

16.15 – 17.30

Session 4

Common clinical scenarios in sports cardiology. Challenging cases.

Chairs

Josef Nibauer & Marta Sitges

16.15 – 16.40

Case 1 The master athlete with high a risk cardiovascular profile.

Guido Claessen

16.40 – 17.05

Case 2 The young athlete with a congenital heart disease.

Guido Pieles

17.05 – 17.30

Case 3 The athlete with a cardiac implantable electronic device.

Elena Arbelo

17.30 – 17.45

Close



Speakers

Paolo Emilio Adami

Elena Arbelo

Mats Börjesson

Silvia Castelletti

Elena Cavarretta

Guido Claessen

Flavio d'Ascenzi

David Domínguez

Sabiha Gati

Eduard Guasch

Lieven Herborts

Andre La Gerche

Ángela López

Michael Papadakis

Guido Pieleš

Georgia Sarquella



Chairs

Elena Arbelo

Bart Bijmens

Josep Brugada

Lluís Mont



Josef Niebauer

Michael Papadakis

Antonio Pelliccia

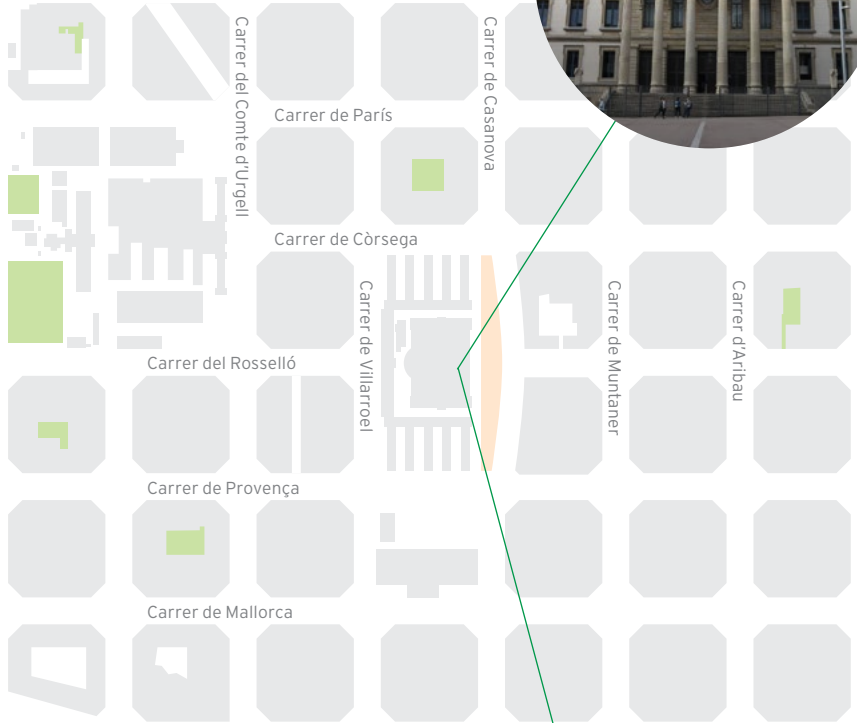
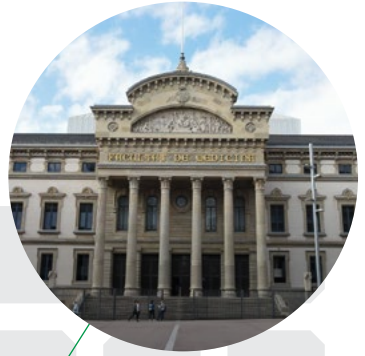
María Sanz de la Garza

Marta Sitges





EAPC
European Association
of Preventive Cardiology
European Society of Cardiology



Venue

Auditorium Faculty of Medicine UB
Carrer de Casanova, 143, 08036 Barcelona

Technical Secretariat

MeetingPharma
A/A Araceli Gómez - agomez@meetingpharma.com
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Accreditation

The EAPC Sports Cardiology Course is accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) for 7 CME Credits